

INTRO

- What is your favourite winter activity?
- What do you do to cope with the winter blues?

READ

I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing. John 15:5

By this my Father is glorified, that you bear much fruit and so prove to be my disciples. John 15: 8

Types of Fruit

- Fruit of the Spirit (Gal 5:22-23)
- Fruit in your job/calling/purpose in life (1Thess. 4:11-12)
- Fruitful in your soul (3 John 1:2)
- Fruitful in the Great Commission (Matt 28:18)

Qu: Which type of fruit do you feel you are growing in? Which one would you like to see more growth?

Qu: Do you feel the job that you have fits who you are and what God has called you to do?

REFLECT & RESPOND

For the various types of fruit to be evident in our lives we need a wholistic view of how God mediates his grace to us.

By means of:

- the word (John 15:7)
- the body of Christ (Rom 12:5)
- the physical world (Gen 1:29-31)

Qu: Give an example of how God has made you more fruitful by one of these means?

From the following list, which of these activities do you find renewing to your soul? Perhaps you could name other things not on the list.

Social Life – hanging out with friends and neighbours
 Nature – walks, country drives, pets, horses
 Entertainment – especially comedy
 Vacations – beach, mountains, hikes, camping, cottage, anniversary trips
 Food & Drink – going out to eat, cooking special meals
 Play – sports, hobbies, games & other interests

Qu: Does it surprise you that God would mediate his grace to you by means of things like play? Explain why or why not.

PRAY

- Pray for wisdom in how each of us can increase our fruitfulness
- Pray for insight for each of us to balance well the various means that God gives us to be fruitful
- Pray for a new job if the one you have now does not fit who you are and God's calling on your life