

**INTRO**

- What does freedom mean to you?

*In Search Of* addresses the universal quest for identity, belonging, purpose, transcendence and freedom. Today's discussion focuses on freedom.

**READ**

John 8:7-18, 27-36

**REFLECT & RESPOND**

**1. Freedom in Christ:** True freedom is found not in controlling our lives but in surrendering to Christ. Counterfeit freedom comes from a desire for control.

*Qu: What areas of your life do you feel are under your control but, in reality, may be blocking you from experiencing true freedom? Reflect on times when you've sought control instead of trusting God. How has this affected your sense of peace?*

**2. Confession Brings Freedom:** Jesus offers forgiveness and freedom when we confess our sins.

*Qu: In what ways has fear of consequences or judgment kept you from confessing your sins?*

**3. Freedom from Striving:** Our efforts to secure our future and control our destiny often bind us, but trust in God leads to true freedom.

*Qu: What does freedom from FOMO (fear of missing out) look like in your life?*

**4. Truth and Identity:** Knowing the truth of God's Word and our identity in Christ frees us from confusion and gives us a sense of purpose.

*Qu: Our culture views truth as being subjective, something you get to decide. Compare that with Jesus' claim that knowing the truth in His Word sets us free. How does this shift your understanding of freedom?*

**5. Freedom to Love:** True freedom is demonstrated through loving others selflessly, as we are part of God's eternal family.

*Qu: How does understanding your identity as a son or daughter of God change your view of love and responsibility to others?*

**RESPOND & PRAY**

**1. Practice Confession:** Identify an area where you've hidden sin or shame. Share it with a trusted friend or spiritual leader, inviting prayer and healing as described in James 5:16.

**2. Surrender Control:** Choose one area where you have been striving for control (e.g., career, family, finances). Pray about surrendering it to God and allow Him to direct your steps.

**3. Serve Others:** Seek opportunities this week to love and serve someone in your community or church. Reflect on how this act helps you grow in freedom and releases any sense of entitlement.