

INTRO

- When you hear the word 'work', what's your immediate response? Why?

READ

Colossians 3:23-24

Leader Notes—Be Sensitive To:

- Group members who are unemployed or struggling to find work
- Those experiencing burnout or workplace toxicity
- Students feeling anxious about future career paths
- Those struggling with work-life balance

REFLECT & RESPOND

This week, we pause our series in Hebrews. Guest speaker Dr. Steve Robinson discusses how our faith should reshape the way we see and approach our work and studies. The following four points are key takeaways.

1. Work as Worship—Every task can be an act of devotion to God.

Q: Paul wrote these words to a church where many members were slaves. What does it mean that even slaves could worship God through their work? How does this apply to those of us in less-than-ideal work situations?

Q: On a scale of 1-10, how much do you currently view your daily work (job, studies, homemaking) as worship? What would need to change to move that number higher?

2. Work as Kingdom Advancement—Our daily activities can push back darkness and advance God's purposes.

Q: What would it look like for you to push back darkness in your specific context this week?

3. Work as Calling—God has crafted each of us for specific good works.

4. Work as Seasons—Different life seasons require different approaches to work.

Q: Some of us may feel like our current work isn't meaningful or doesn't align with our calling. How can we still honour God and find purpose even in seasons of work we don't enjoy?

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Practical Application—choose ONE of the following to practice this week:

- Each morning before work/school, pray: "Lord, help me see my work today as worship to you. Show me the good works you've prepared for me."
- Identify one person at your workplace, school, or neighbourhood you can pray for. Look for an opportunity to offer to pray with them this week.
- If you're in a job/season you don't love, write down 3 ways God might be using this season to prepare you for future calling or to serve others right now.
- Like Steve's family business serving janitors, identify someone in a "lowly" position you encounter regularly (custodian, server, delivery person) and find a way to honour and encourage them this week.

PRAY

- End your time by praying using these prompts:
 - For a renewed perspective on work as worship
 - For courage to step out in faith to minister to others
 - For clarity about God's calling in your current season
 - For protection against burnout and for healthy rhythms
 - For the campus retreat happening next week